

## **Food Stamp Employment and Training Program**

### **What is the Food Stamp Employment and Training (FSET) Program?**

Referred to as the FSET Program, it emphasizes work, self-sufficiency, and personal responsibility. The program strives to meet the needs of participants in gaining skills, training, work, and experience that will increase the program participants' ability to obtain total self-sufficiency.

### **Who is eligible?**

To become a participant in the FSET Program you must apply for food stamps. The Department of Children and Families (DCF) determines eligibility and awards food stamps.

### **How can I apply?**

Use DCF's Online application services called Project Access. To apply, go to:  
<http://www.myflorida.com/accessflorida/>

You may also check the status of your benefits or report changes to DCF at: <https://dcf-access.dcf.state.fl.us/webaru/welcome.do>

### **How do I participate in the program?**

Effective July 1, 2009, the FSET Program is now a voluntary program. This means the goal of the FSET program is to help people who receive food stamps to gain skills and find employment. With this change, WorkNet's FSET Voluntary Program has new activities, such as Job Search, Training and Education (GED, ESOL, Vocational Training, etc), and/or Work Experience. If you are interested in receiving help with your job searching efforts, participating in activities and receiving Food Stamp Reimbursements (FSRs) to help off-set the cost of transportation, please go to the "FSET Voluntary Program" link on our website.